



*Promoted for and on behalf of
Cycling Time Trials under their
Rules & Regulations*



**PEMBROKESHIRE VELO
OPEN WEEKEND
29th - 30th AUGUST 2010
10 / HILL CLIMB / 15
RESULTS**

**OVERALL CHAMPION
RHYS PAYNE—PORTH & DISTRICT**

10TT (R10/11A)

- 1ST KIERON DAVIES—BYNEA CC**
2ND RHYS PAYNE—PORTH & DISTRICT CC
3RD DARRAN CARPENTER—CWMCARN PARAGON

**HILL CLIMB
(Milton farm shop lane)**

- 1ST JAMES SHAW—PEMBROKESHIRE VELO**
2ND RICHARD HARRIS—CWMCARN PARAGON
3RD DAVID GRIFFITHS—TENBY ACES

15 TT (R15/4)

- 1ST KIERON DAVIES—BYNEA CC**
NEW COURSE RECORD 33:10
2ND COLIN WALLACE—MERTHYR CC
3ND RHYS PAYNE—PORTH & DISTRICT CC



*Derek Pugh oldest competing Pembrokeshire Velo
member , 72.*

TEAM CHAMPIONS

- 10 TT—PEMBROKESHIRE VELO**
HILL CLIMB—PEMBROKESHIRE VELO
15 TT—BYNEA CC
OVERALL—PEMBROKESHIRE VELO

**EVENT SPONCERED BY MAINPORT ENGINEERING
PEMBROKE DOCK**

10 TT RESULTS

1ST KIERON DAVIES BYNEA CC
2ND RHYS PAYNE PORTH & DISTRICT CC
3RD DARRAN CARPENTER CWMCARN PARAGON
1ST LADY MELANIE MORGAN TENBY ACES
1ST LADY VETERAN SALLY HARMER YSTWYTH CC
1ST VETERAN NICK BROWN PEMBROKESHIRE VELO
1ST VETERAN ON STANDARD JOHN SHEHAN BYNEA CC
1ST JUNIOR JACK LEAR PEMBROKESHIRE VELO
1ST JUVENILE DANNY COLMAN PEMBROKESHIRE VELO
1ST TEAM PEMBROKESHIRE VELO
NICK BROWN, JACK LEAR, PETER LLOYD

HILL CLIMB RESULTS

1ST JAMES SHAW PEMBROKESHIRE VELO
2ND RICHARD HARRIS CWMCARN PARAGON
3RD DAVID GRIFFITHS TENBY ACES
1ST VETERAN STEVE HULME CONGLETON CC
1ST JUNIOR JACK LEAR PEMBROKESHIRE VELO
1ST TEAM PEMBROKESHIRE VELO
JAMES SHAW, JACK LEAR

15 TT RESULTS

1ST KIERON DAVIES BYNEA CC
New course record 33:10
2ND COLIN WALLACE CC MERTHYR CC
3RD RHYS PAYNE PORTH & DISTRICT CC
1ST LADY MELANIE MORGAN TENBY ACES
1ST LADY VETERAN SALLY HARMER YSTWYTH CC
1ST VETERAN COLIN WALLACE CC MERTHYR CC
1ST VETERAN ON STANDARD JOHN SHEHAN BYNEA CC
1ST JUNIOR JACK LEAR PEMBROKESHIRE VELO
1ST JUVENILE DANNY COLMAN PEMBROKESHIRE VELO
1ST TEAM BYNEA CC
KIERON DAVIES, BEVAN HUMPHREYS, GERALD ORAM

No.	RIDER	CLUB	CAT	VET Std.	TIME	VET +/-
1	Kieron Davies	Bynea CC	S		21:51	
2	Rhys Payne	Porth & District CC	S		22:23	
3	Darran Carpenter	Cwmcarn Paragon / www.climbonbikes.com	S		22:42	
4	Nick Brown	Pembrokeshire Velo	V	27:59	23:11	+4:49
5	Steve Hulme	Congleton CC	V	27:07	23:25	+3:42
6	Hiddlestone Mark	Bynea CC	S		23:28	
7	Jack Lear	Pembrokeshire Velo	Jun		23:38	
8	Peter Lloyd	Pembrokeshire Velo	V	26:18	23:46	+2:32
9	David Griffiths	Tenby Aces	S		23:46	
10	David Brice	Bynea CC	V	26:30	24:01	+2:29
11	Mark Andrews	Merthyr CC	S		24:05	
12	Paul Colman	Pembrokeshire Velo	V	27:20	24:28	+2:52
13	Jon Lear	Pembrokeshire Velo	V	26:42	24:32	+2:10
14	Nigel Williams	Merthyr CC	V	26:54	24:36	+2:18
15	Justyn Davies	Llandovery CC	V	25:42	24:48	+0:54
16	Richard Harris	Cwmcarn Paragon	S		24:51	
17	David Seward	Bynea CC	V	27:46	24:53	+2:53
18	Geraint Evans	Port Talbot Wheelers	V	26:06	24:53	
19	Dan Colman	Pembrokeshire Velo	Juv		25:07	
20	Nigel Merrony	Pembrokeshire Velo	V	28:52	25:08	+3:44
21	Simon Rouse	Gillingham & District Wheelers	V	26:06	25:11	+0:55
22	John Shehan	Bynea CC	V	30:45	25:36	+5:09
23	Emyr Griffiths	Bynea CC	V	26:06	25:44	+0:22
24	Les Thomas	Port Talbot Wheelers	V	27:07	25:48	+1:19
25	Martyn Heritage-Owen	Bush Healthcare CRT	V	26:30	25:59	+0:31
26	Mark Jones	Pembrokeshire Velo	S		26:13	
27	Jonathan Phillips	Pembrokeshire Velo	V	27:20	26:18	+1:02
28	Ian Brown	Stretford Wheelers	V	30:30	26:38	+3:52
29	David Hawkins	Pembrokeshire Velo	S		27:34	
30	Melanie Morgan	Tenby Aces	SF		27:38	
31	Shaun Griffiths	Tenby Aces	V	26:42	27:49	-1:07
32	Sally Harmer	Ystwyth CC	VF	29:06	28:01	+1:05
33	Ian Corrie	Stretford Wheelers	S		29:13	
34	Andrew Williams	Merthyr CC	V	26:18	29:38	-2:44
35	Kevin Goldsworthy	Pembrokeshire Velo	V	28:52	29:42	-0:50
36	Carlton Coates	Tenby Aces	V	26:54	29:59	-3:05
37	Tanis Hand	Tenby Aces	VF	29:34	30:07	-0:33
38	Thomas Clarke	Stretford Wheelers	V	28:38	30:20	-1:52
39	Lian Patterson-Hall	Stretford Wheelers	V	27:46	30:34	-2:48
40	Ian Fielding	Stretford Wheelers	V	27:59	30:54	-2:55
41	Nicola Coates	Tenby Aces	VF	28:38	31:38	-3:00
42	Janian Evans	Tenby Aces	VF	27:07	32:42	-5:35
	Arwel Davies	Bynea CC	S		DNS	
	Derek Pugh	Pembrokeshire Velo	V	32:46	DNS	
	Chris Davies	Bynea CC	V	26:18	DNS	
	Gill Patterson-Hall	Stretford Wheelers	VF	29:06	DNS	
	Phil Lawton	Stretford Wheelers	V	28:38	DNS	
	Jon Mills	Tenby Aces	V	27:20	DNS	

R10/11A
MALE VETS TABLE ON STANDARD
29/08/2010

No.	RIDER	CLUB	CAT	VET Std.	TIME	VET +/-
1	John Shehan	Bynea CC	V	30:45	25:36	+5:09
2	Nick Brown	Pembrokeshire Velo	V	27:59	23:11	+4:49
3	Ian Brown	Stretford Wheelers	V	30:30	26:38	+3:52
4	Nigel Merrony	Pembrokeshire Velo	V	28:52	25:08	+3:44
5	Steve Hulme	Congleton CC	V	27:07	23:25	+3:42
6	David Seward	Bynea CC	V	27:46	24:53	+2:53
7	Paul Colman	Pembrokeshire Velo	V	27:20	24:28	+2:52
8	Peter Lloyd	Pembrokeshire Velo	V	26:18	23:46	+2:32
9	David Brice	Bynea CC	V	26:30	24:01	+2:29
10	Nigel Williams	Merthyr CC	V	26:54	24:36	+2:18
11	Jon Lear	Pembrokeshire Velo	V	26:42	24:32	+2:10
12	Les Thomas	Port Talbot Wheelers	V	27:07	25:48	+1:19
13	Jonathan Phillips	Pembrokeshire Velo	V	27:20	26:18	+1:02
14	Simon Rouse	Gillingham & District Wheelers	V	26:06	25:11	+0:55
15	Justyn Davies	Llandovery CC	V	25:42	24:48	+0:54
16	Martyn Heritage-Owen	Bush Healthcare CRT	V	26:30	25:59	+0:31
17	Emyr Griffiths	Bynea CC	V	26:06	25:44	+0:22
18	Kevin Goldsworthy	Pembrokeshire Velo	V	28:52	29:42	-0:50
19	Shaun Griffiths	Tenby Aces	V	26:42	27:49	-1:07
20	Thomas Clarke	Stretford Wheelers	V	28:38	30:20	-1:52
21	Andrew Williams	Merthyr CC	V	26:18	29:38	-2:44
22	Lian Patterson-Hall	Stretford Wheelers	V	27:46	30:34	-2:48
23	Ian Fielding	Stretford Wheelers	V	27:59	30:54	-2:55
24	Carl Coates	Tenby Aces	V	26:54	29:59	-3:05

R10/11A
FEMALE VETS TABLE ON STANDARD
29/08/2010

No.	RIDER	CLUB	CAT	VET Std.	TIME	VET +/-
1	Sally Harmer	Ystwyth CC	VF	29:06	28:01	+1:05
2	Tanis Hand	Tenby Aces	VF	29:34	30:07	-0:33
3	Nicola Coates	Tenby Aces	VF	28:38	31:38	-3:00
4	Janian Evans	Tenby Aces	VF	27:07	32:42	-5:35

HILL CLIMB
29/08/2010

No.	RIDER	CLUB	CAT	TIME
1	James Shaw	Pembrokeshire Velo	S	4:00.00
2	Richard Harris	Cwmcarn Paragon	S	4:01.01
3	David Griffiths	Tenby Aces	Jun	4:05.02
4	Jack Lear	Pembrokeshire Velo	Jun	4:08.04
5	Rhys Payne	Porth & District CC	S	4:12.04
6	Darran Carpenter	Cwmcarn Paragon / www.climbonbikes.com	S	4:13.05
7	Steve Hulme	Congleton Wheelers	V	4:20.06
8	David Brice	Bynea CC	V	4:36.04
9	Peter Lloyd	Pembrokeshire Velo	V	4:42.03
10	Simon Rouse	Gillingham & District Wheelers	V	4:42.07
11	Charles Wheatley	Llandovery CC	Jun	4:42.09
12	Geraint Evans	Port Talbot Wheelers	V	4:46.06
13	Martyn Heritage-Owen	Bush Healthcare CRT	V	5:01.01
14	Ian Corrie	Stretford Wheelers	S	5:35.03
15	David Hawkins	Pembrokeshire Velo	S	5:46.03
16	Ian Brown	Stretford Wheelers	V	5:59.04
17	Lian Patterson-Hall	Stretford Wheelers	V	6:17.08
18	Ian Fielding	Stretford Wheelers	V	6:39.04
	Matthew Feilding	Stretford Wheelers	S	DNF
	Nigel Merrony	Pembrokeshire Velo	V	DNS
	Mark Hiddlestone	Bynea CC	S	DNS
	Thomas Clarke	Stretford Wheelers	V	DNS
	Phil Lawson	Stretford Wheelers	V	DNS

HILL CLIMB
VETS TABLE
29/08/2010

No.	RIDER	CLUB	CAT	TIME
1	Steve Hulme	Congleton Wheelers	V48	4:20.06
2	David Brice	Bynea CC	V45	4:36.04
3	Peter Lloyd	Pembrokeshire Velo	V44	4:42.03
4	Simon Rouse	Gillingham & District Wheelers	V43	4:42.07
5	Geraint Evans	Port Talbot Wheelers	V43	4:46.06
6	Martyn Heritage-Owen	Bush Healthcare CRT	V45	5:01.01
7	Ian Brown	Stretford Wheelers	V63	5:59.04
8	Lian Patterson-Hall	Stretford Wheelers	V51	6:17.08
9	Ian Fielding	Stretford Wheelers	V52	6:39.04

No.	RIDER	CLUB	CAT	VET Std.	TIME	VET +/-
1	Kieron Davies	Bynea CC	S		33:10	
2	Colin Wallace	Merthyr CC	V	40:21	33:52	+6:29
3	Rhys Payne	Porth & District CC	S		34:09	
4	Bevan Humphreys	Bynea CC	S		34:41	
5	Jack Lear	Pembrokeshire Velo	Jun		35:05	
6	Darran Carpenter	Cwmcarn Paragon	S		35:09	
7	Steve Hulme	Congleton CC	V	40:41	35:14	+5:27
8	Richard Harris	Cwmcarn Paragon	S		35:24	
9	Gerard Oram	Bynea CC	V	41:00	36:23	+4:37
10	James Shaw	Pembrokeshire Velo	S		36:25	
11	David Brice	Bynea CC	V	39:45	36:30	+3:15
12	Nick Brown	Pembrokeshire Velo	V	41:58	36:31	+5:27
13	Geraint Evans	Port Talbot Wheelers	V	39:09	36:33	+2:36
14	David Griffiths	Tenby Aces	S		36:39	
15	Paul Colman	Pembrokeshire Velo	V	41:00	36:41	+4:19
16	Mark Hiddlestone	Bynea CC	S		36:45	
17	Nigel Williams	Merthyr CC	V	40:21	37:20	+3:01
18	Jon Lear	Pembrokeshire Velo	V	40:03	37:31	+2:32
19	David Seward	Bynea CC	V	41:39	37:48	+3:51
20	Mark Andrews	Merthyr CC	SF		37:55	
21	Dan Colman	Pembrokeshire Velo	Juv		38:18	
22	Gareth Rees	Tenby Aces	V	38:33	38:30	+0:03
23	Simon Rouse	Gillingham & District Wheelers	V	39:09	38:39	+0:30
24	John Sheham	Bynea CC	V	46:07	38:44	+7:23
25	Emyr Griffiths	Bynea CC	V	39:09	39:16	-0:07
26	Les Thomas	Port Talbot Wheelers	V	40:41	39:26	+1:15
27	Mark Jones	Pembrokeshire Velo	S		39:29	
28	Martyn Heritage-Owen	Bush Healthcare CRT	V	39:45	39:32	+0:13
29	David Hawkins	Pembrokeshire Velo	S		40:21	
30	Melanie Morgan	Tenby Aces	SF		41:53	
31	Sally Harmer	Ystwyth CC	VF	43:39	42:24	+1:15
32	Kevin Goldsworthy	Pembrokeshire Velo	V	43:18	43:25	-0:07
33	Tanis Hand	Tenby Aces	VF	44:21	45:01	-0:40
34	Andrew Williams	Merthyr CC	V	39:27	39:27	-5:59
	Derek Pugh	Pembrokeshire Velo	V	49:09	DNF	
	Jon Phillips	Pembrokeshire Velo	V	41:00	DNS	
	Phil Lawson	Stretford Wheelers	V	42:57	DNS	
	Chris Davies	Bynea CC	V	39:27	DNS	
	Ian Corrie	Stretford Wheelers	S		DNS	
	Rob Powell	Ogmore Valley Wheelers	S		DNS	
	Ian Brown	Stretford Wheelers	V	45:45	DNS	

R15/4
 MALE VETS TABLE ON STANDARD
 30/08/2010

No.	RIDER	CLUB	CAT	VET Std.	TIME	VET +/-
1	John Sheham	Bynea CC	V	46:07	38:44	+7:23
2	Colin Wallace	Merthyr CC	V	40:21	33:52	+6:29
3	Nick Brown	Pembrokeshire Velo	V	41:58	36:31	+5:27
3	Steve Hulme	Congleton CC	V	40:41	35:14	+5:27
5	Gerard Oram	Bynea CC	V	41:00	36:23	+4:37
6	Paul Colman	Pembrokeshire Velo	V	41:00	36:41	+4:19
7	David Seward	Bynea CC	V	41:39	37:48	+3:51
8	David Brice	Bynea CC	V	39:45	36:30	+3:15
9	Nigel Williams	Merthyr CC	V	40:21	37:20	+3:01
10	Geraint Evans	Port Talbot Wheelers	V	39:09	36:33	+2:36
11	Jon Lear	Pembrokeshire Velo	V	40:03	37:31	+2:32
12	Les Thomas	Port Talbot Wheelers	V	40:41	39:26	+1:15
13	Simon Rouse	Gillingham & District Wheelers	V	39:09	38:39	+0:30
14	Martyn Heritage-Owen	Bush Healthcare CRT	V	39:45	39:32	+0:13
15	Gareth Rees	Tenby Aces	V	38:33	38:30	+0:03
16	Emyr Griffiths	Bynea CC	V	39:09	39:16	-0:07
17	Kevin Goldsworthy	Pembrokeshire Velo	V	43:18	43:25	-0:07
18	Andrew Williams	Merthyr CC	V	39:27	39:27	-5:59

R15/4
 FEMALE VETS TABLE ON STANDARD
 30/08/2010

No.	RIDER	CLUB	CAT	VET Std.	TIME	VET +/-
1	Sally Harmer	Ystwyth CC	VF	43:39	42:24	+1:15
2	Tanis Hand	Tenby Aces	VF	44:21	45:01	-0:40

OVERALL CHAMPIONSHIP
10 / HILL CLIMB / 15

This championship is based on a points system, 100 points awarded to the first rider in each event 99 to the second etc. The team championship is based on the Bidlake system, best third placed rider in a team,

1ST RHYS PAYNE PORTH & DISTRICT CC

2ND DARRAN CARPENTER—CWMCARN PARAGON

3RD JACK LEAR PEMBROKESHIRE VELO

1ST TEAM PEMBROKESHIRE VELO
JACK LEAR, NICK BROWN, PETER LLOYD

OVERALL CHAMPIONSHIP TABLE

Posn	Name		Club	10 TT	Hill Climb	15 TT	Total
1	Rhys	Payne	Porth & District CC	99	96	98	293
2	Darran	Carpenter	Cwmcarn Paragon / www.climbonbikes.com	98	95	95	288
3	Jack	Lear	Pembrokeshire Velo	94	97	95	286
4	Steve	Hulme	Congleton Wheelers	96	94	94	284
5	David	Griffiths	Tenby Aces	92	98	87	277
6	Richard	Harris	Cwmcarn Paragon	85	99	93	277
7	David	Brice	Bynea CC	91	93	90	274
8	Geraint	Evans	Port Talbot Wheelers	83	89	88	260
9	Simon	Rouse	Gillingham & District Wheelers	80	91	78	249
10	Martyn	Heritage-Owen	Bush Healthcare CRT	76	88	72	236
11	Kieron	Davies	Bynea CC	100	0	100	200
12	Nick	Brown	Pembrokeshire Velo	97	0	89	186
13	Peter	Lloyd	Pembrokeshire Velo	93	92	0	185
14	Mark	Hiddlestone	Bynea CC	95	0	85	180
15	Paul	Colman	Pembrokeshire Velo	89	0	86	175
16	Mark	Andrews	Merthyr CC	90	0	81	171
17	Jon	Lear	Pembrokeshire Velo	88	0	83	171
18	Nigel	Williams	Merthyr CC	87	0	84	171
19	David	Seward	Bynea CC	84	0	82	166
20	Dan	Colman	Pembrokeshire Velo	82	0	80	162
21	Ian	Brown	Stretford Wheelers	73	85	0	158
22	John	Shehan	Bynea CC	79	0	77	156
23	Ian	Corrie	Stretford Wheelers	68	87	0	155
24	Emyr	Griffiths	Bynea CC	78	0	76	154
25	Les	Thomas	Port Talbot Wheelers	77	0	75	152
26	Mark	Jones	Pembrokeshire Velo	75	0	73	148
27	Lain	Hall-Patterson	Stretford Wheelers	62	84	0	146
28	Ian	Fielding	Stretford Wheelers	61	83	0	144
29	Melanie	Morgan	Tenby Aces	71	0	70	141
30	Andrew	Williams	Merthyr CC	67	0	74	141
31	Sally	Harmer	Ystwyth CC	69	0	69	138
32	Kevin	Goldsworthy	Pembrokeshire Velo	66	0	68	134
33	Tanis	Hand	Tenby Aces CC	64	0	67	131
34	Colin	Wallace	Merthyr CC	0	0	99	99
35	Justyn	Davies	Llandovery CC	86	0	0	86
36	Nigel	Merrony	Pembrokeshire Velo	81	0	0	81
37	Jonathan	Phillips	Pembrokeshire Velo	74	0	0	74
38	Shaun	Griffiths	Tenby Aces	70	0	0	70
39	Carlton	Coates	Tenby Aces	65	0	0	65
40	Thomas	Clarke	Stretford Wheelers	63	0	0	63
41	Nicola	Coates	Tenby Aces	60	0	0	60
42	Janian	Evans	Tenby Aces	59	0	0	59

There are a number of people I would like to thank for their help in organising the event:

Mainport Engineering for the juvenile & junior prize money.

Our marshals : Jeff , Matt, Will, Jon, Nigel.

Time Keepers : Jill and Albert.

The “bacon Butty” team : Christina & Lindsay. They managed to keep up with the orders, serving up over 60 + bacon rolls which meant grilling 120+ rashers of bacon. Organising the event took a little bit of work but not as much as trying to clean that grill pan at the end of the event....

Thanks to all for your donations towards the food.

All the riders for supporting our event, especially the riders from Stretford Wheelers, Congleton CC and Gillingham & District Wheelers. There could be a prize next year for the furthest travelled club...

There were some notable rides, Kieron Davies from Bynea CC breaking our R15/4 course record and junior Jack Lear from Pembrokeshire Velo finishing third in the overall championship.

We would like to see more juvenile and Junior riders at the event, we have prize money for juvenile and junior teams. We will look at reducing the juvenile and junior teams from three to two riders to encourage clubs to bring along a couple of their younger members.

See you all next year.

Cliff