

| PEMBROKESHIRE VELO SUNDAY CLUB RUNS 2010 - 2011 | | | | |
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| Date | Route | Distance | Meet At | Start At |
| 07/11/10 | Route 1: Pembroke, Freshwater West, Freshwater East, Lamphey, Jameston, Pembroke, P.Dock | 26 or 31 | Bierspool P. Dock | 09:00 |
| 14/11/10 | Route 2: Cleddau Bridge, Rosemarket, Johnston, Tiers Cross, Broadhaven, Nolton, Newgale, Roch, Camrose, H'west, Burton, P.Dock | 31 or 38 | Bierspool P. Dock | 09:00 |
| 21/11/10 | Route 3: Pembroke, Lamphey, Jameston, Penally, Ridgeway, Lamphey, Freshwater East, Castlemartin, Freshwater West, Pembroke, P.Dock | 33 or 40 | Bierspool P. Dock | 09:00 |
| 28/11/10 | Route 4: Cleddau Bridge, Steynton, Herbranston, Dale, Hasguard Cross, Broadhaven, Simpson Cross, H'west, Burton, P.Dock | 38 or 47 | Bierspool P. Dock | 09:00 |
| 05/12/10 | Route 5: Pembroke, Lamphey, Jameston, Tenby, Kilgetty, Narberth, Canaston, Blackpool Mill, Cresswell Quay, Carew, P.Dock | 35 or 40 | Bierspool P. Dock | 09:00 |
| 12/12/10 | Route 6: Cosheston, Milton, Carew, Cresswell Quay, Blackpool Mill, Llawhaden, Clarbeston Road,Camrose, Hayscastle Cross, Roch, Simpson Cross, Broad Haven, Tiers Cross, Johnston, Rosemarket P.Dock, P.Dock | 46 or 52 | Bierspool P. Dock | 09:00 |
| 19/12/10 | Route 7: Burton, H'west, Crundale, New Inn, Pontfaen, Cilgwyn, New Inn, Maenclochog, Llanycefn, Gelli, Llawhaden, Canaston, Carew, P.Dock | 48 or 60 | Bierspool P. Dock | 09:00 |

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| 26/12/10 | Route 4 in reverse: Cleddau Bridge, Burton, H'west, Simpson Cross, Broadhaven, Hasguard Cross, Dale, Herbranston, Steynton, Cleddau Bridge, P.Dock | 38 or 47 | Bierspool P. Dock | 09:00 |
| 02/01/11 | Route 6 in reverse: Cleddau Bridge, Rosemarket, Johnston, Tiers Cross, Broad Haven, Simpson Cross, Roch, Hayscastle Cross, Camrose, Clarbeston Road, Llawhaden, Blackpool Mill, Cresswell Quay, Carew, Milton, Cosheston, P. Dock | 46 or 52 | Bierspool P. Dock | 09:00 |
| 09/01/11 | Route 5 in reverse: Pembroke, Carew, Cresswell Quay, Blackpool Mill, Canaston, Narberth, Kilgetty, Tenby, Jameston, Lamphey, P.Dock | 35 or 40 | Bierspool P. Dock | 09:00 |
| 16/01/11 | Route 7: Pembroke, Freshwater West, Freshwater East, lamphey, Tenby, Kilgetty, Narberth, Clunderwen, Clarbeston Road, Camrose, Roch, Simpson Cross, Broadhaven, Johnston, Rosemarket, P.Dock | 70 or 80 | Bierspool P. Dock | 09:00 |
| 23/01/11 | Route 4: Cleddau Bridge, Steynton, Herbranston, Dale, Hasguard Cross, Broadhaven, Simpson Cross, H'west, Burton, P.Dock | 38 or 47 | Bierspool P. Dock | 09:00 |
| 30/01/11 | Route 6: Cosheston, Milton, Carew, Cresswell Quay, Blackpool Mill, Llawhaden, Clarbeston Road, Camrose, Hayscastle Cross, Roch, Simpson Cross, Broad Haven, Tiers Cross, Johnston, Rosemarket | 46 or 52 | Bierspool P. Dock | 09:00 |
| 06/02/11 | Route 8: Burton, H'west, Crundale, New Inn, Pontfaen, Cilgwyn, New Inn, Maenclochog, Llanycefn, Gelli, Llawhaden, Canaston, Carew, P.Dock | 48 or 60 | Bierspool P. Dock | 09:00 |

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| 13/02/11 | Route 2: Cleddau Bridge, Rosemarket, Johnston, Tiers Cross, Broadhaven, Nolton, Newgale, Roch, Camrose, H'west, Burton, P.Dock | 31 or 38 | Bierspool P. Dock | 09:00 |
| 20/02/11 | Reliability ride 40 or 55 miles | 40 or 55 | Carew car park | 09:00 |
| 27/02/11 | Daffodil sportive, Pendine | 50 | Pendine | ? |
| 06/03/11 | Reliability ride 55 or 100 miles | 55 or 100 | Carew car park | 08:00 |